



# GIS NEWSLETTER

25 January 2022

Gjøvikregionen International School  
Studieveien 17, 2815 Gjøvik  
Tel: +4724076141  
Email: [post@gjovikis.no](mailto:post@gjovikis.no)

## Attendance

We check attendance every morning to ensure all students have arrived at school safely and are accounted for. It is important that parents inform us of their child's absence before school starts. When a student is absent and we have not received any information from parents, we contact them to find out the reason for absence.

All attendance is recorded on ManageBac. Parents can access the system at any time and log their child's absence both days in advance and in the morning on the day. When you log in to ManageBac, please click on the blue tab Submit Attendance Excusal in the top right-hand corner of the page. A window (see below) will open asking you to enter the date, length and reason for your child's absence as can be seen in the screenshot below.

Please contact us if you need assistance or have any questions.

**Submit Attendance Excusal**

Date \* January 25, 2022

Duration \* 1 day

Reason \*

Submit or Cancel

## Swimming (Grade 4)

Today was the last day of swimming for Grade 7 this academic year. Starting next Tuesday, Grade 4 will have their allotted 8 sessions at Tranberghallen on 8 consecutive Tuesday afternoons.

The class will finish lessons at 12:00 as usual, have lunch and leave GIS accompanied by three members of the staff. They will use a taxi to go to and return from Tranberghallen. The students will be brought back to GIS for pick up at 2:45. The parents of the children who use taxi services are responsible for making appropriate arrangements with the taxi company.

Please note that Tranberghallen offers basic facilities with communal showers without cubicles and no hair driers. Only four sockets are available in the changing rooms for boys and four in the changing rooms for girls to plug in a hair drier if students choose to bring their own.

Students must have the following items for each class:

- Swimsuit
- Swim cap (ideally silicone); it is mandatory; please note that students without caps are not allowed to enter the pool
- Two towels: one for body and one for hair
- Soap or shower gel. Body and hair type shower gel is preferred.

- Backpack to keep all these belongings in.
- Swimming goggles are optional but recommended for beginner swimmers
- Hair drier is recommended
- Plastic bags are recommended for wet swimwear and towels to keep the backpack dry.

## Testing replaces quarantine for household members

The 10-day infection quarantine can be replaced with daily testing for household members and close relatives. The regulation change applies from 0:00 26 January regardless of one's vaccine status.

The 10-day infection quarantine can be replaced with:

- Daily testing for 5 days after the last close contact for household members and close relatives.
- Household members and relatives who cannot keep their distance from the infected person during the isolation period can replace the quarantine infection with daily testing for 11 days (6 days during the infected person's isolation period + 5 days after this). This also applies to children.

In addition to testing, wearing a mask is recommended indoors in a public place and to avoid large gatherings and events for 10 days after close contact. The recommendation to wear a face mask does not apply to children under 12 years of age, school children over 12 years of age when they are at school and those who for medical or other reasons cannot wear face masks.

Monitor for any symptoms during the entire period.

If you experience symptoms, you should stay at home and test yourself. From the time they come into effect, the new rules will also apply to those who are in quarantine at the relevant time. This means that the test regime also applies to them.

Persons who do not follow the test regime must remain in quarantine for 10 days. They can test out of quarantine in the event of a negative test taken no earlier than 7 days after the last close contact.

People who have undergone Covid-19 in the last three months are exempt from quarantine.

For more details, please click [here](#).

## Donations wanted!

SFO is looking for Barbie dolls, doll houses, toy car garages, etc. If you are looking a new home for your toys, SFO would love to accept them. Please feel free to drop them off in office. Thank you for your kind support.

## Spare clothes

Please ensure your child has a set of spare clothes in their cubby to change into if they need too. It is particularly important for students in the youngest grades.

## School support contact details

If you have any questions about the matters below, please contact the relevant person:

Taxi (GIS)	Dennis Wanda	<a href="mailto:dennis.wanda@gjovikis.no">dennis.wanda@gjovikis.no</a>
Taxi/bus (Kommune)	Ingrid Raasholm	<a href="mailto:ingrid.raasholm@gjovik.kommune.no">ingrid.raasholm@gjovik.kommune.no</a>
SFO	Deepika Senthilkumar	<a href="mailto:sfo@gjovikis.no">sfo@gjovikis.no</a>

Nurse (MYP)      Ingrid Julie Stadtler [Ingrid-Julie.Stadtler@gjovik.kommune.no](mailto:Ingrid-Julie.Stadtler@gjovik.kommune.no)  
Tel. 903 65 394

Nurse (PYP)      June Engebretsen [June.Engebretsen@gjovik.kommune.no](mailto:June.Engebretsen@gjovik.kommune.no)  
Tel. 46 95 13 24

Covid-19 testing      Gjøvik Town Hall      Tel. 61 15 89 11